

HACKENTHORPE

Cotleigh

RESIDENTIAL HOME & DAY CARE



Make yourself
at home...

A great place
to live, meet &
make friends


sheffcare
putting people first

Our friendly staff guarantee a warm welcome...

Welcome to Cotleigh - a comfortable, spacious and inviting home where it is our priority to ensure that the people living here are safe and contented.

I'm Rod Macaskill and I have been with the Sheffcare group of homes since its formation; my team and I are committed to providing the highest levels of support and care to make life happy, secure and interesting. Our residents are our prime focus and we strive to meet all their needs in every way, providing a caring and compassionate service and working hard to make each day as enjoyable and fulfilling as possible for everyone - for residents, visitors and staff alike.

Cotleigh is a warm and friendly place with plenty of laughter, lots of activities, delicious home-cooked food - and of course, skilled and knowledgeable care from our very committed team. I know that the decision you are considering at the moment is a big one for you and your family - it's so important to be sure that the home you choose will meet your personal needs - so please do give us a call if there is anything you would like to discuss and when you are ready to visit just let us know.

**We'll look forward to meeting
you and showing you our home.**



Rod Macaskill
Manager


sheffcare
putting people first



“At Cotleigh we have a total commitment to caring for our residents & visitors with dignity and respect”

YOUR CHOICE

The decision to move into residential care, or to use day care facilities, is an important one. You need to be sure that the care, facilities and environment are just right for you. At Cotleigh we will support and reassure you every step of the way - from an initial visit to meet our team and see a typical day at Cotleigh, guiding you through funding and finance options to making the move as easy as possible.

We're always here to help...

OUR HOME

Cotleigh was purpose-built in 2007 and is superbly equipped to support the highest levels of care. We have sixty-two very spacious bedrooms, all with ensuite, wheel chair accessible, bathrooms which are easy-to-use walk-in wet rooms. We also have specially adapted bathrooms for those residents that need help with bathing.

The bedrooms are planned in four wings, each with their own attractive dining rooms and cosy sitting rooms, providing the opportunity to eat, meet and socialise in smaller groups. The larger communal areas act very much as focal points for residents;

it's where everyone gets together to enjoy group activities and entertainment. Bingo and quizzes are always popular, but so too are our 'Trips down Memory Lane', reminiscence sessions which include fascinating talks on old photographs of the Sheffield area, objects of interest and personal memories. This makes for a sociable, stimulating home, easy to find company or help when needed and just as easy to enjoy privacy and a quiet time. Two of our wings are specifically designed to offer a secure and supportive environment for those with dementia. At Cotleigh we have an in-depth understanding of the condition; staff are specially trained and adaptations have been made to the living environment to ensure that clients with dementia benefit, as far as possible, from the same care, facilities and activities as all other residents.

Cotleigh's garden is a source of great pride and pleasure to us all. It has been specifically designed to offer access to residents with varying levels of mobility and is sheltered and beautifully planted. We have a number of raised beds which are easy to work in and our residents enjoy planting flowers, seeds and vegetables.



friendly

A FULFILLING LIFESTYLE

Each day at Cotleigh can be as busy - or as peaceful - as you wish. We have various activities five days per week which cover a very wide range of interests; from favourites such as bingo, quizzes, board games and dominoes, to baking, arts and crafts, and gardening.

Our dedicated activity worker also ensures that everyone has the opportunity to continue with favourite hobbies or explore new activities.

For trips further afield, to the coast, countryside or to the nearby butterfly farm, our

specially adapted vehicles offer easy access for wheelchairs.

Many residents also enjoy going out for the day with family and friends whereas others need more care within the home. Whichever is the case, we work hard to make each day as enjoyable and rewarding as possible.



HERE TO HELP

All our care staff have appropriate training and qualifications supported by the Sheffcare commitment to continuous



improvement and inhouse training, ensuring that we meet - and exceed - the latest standards of care.

We strive to provide a highly personalise approach to caring, respecting individual preferences and choices and supporting independence.

Our three chefs take great pride in the food, freshly cooked each day in our kitchen and we are happy to cater for friends or family members joining us for a meal or a snack too. Traditional dishes are always in demand; meat and potato pie and fish and chips are favourites - and our home-made cakes and desserts are a real teatime treat.

MAKE YOURSELF AT HOME

With it's warm, traditional decor, comfortable sitting rooms, bright dining areas with attractive place settings, television lounges and a 'quiet rooms' (ideal for reading the paper in peace) Cotleigh is a 'home from home'. We encourage residents to bring their own small pieces of furniture and personal possessions such as pictures and ornaments to add the finishing touches to the comfortable bedrooms.

Bathrooms are very well equipped and some are specially adapted to ensure that bathtime continues to be a pleasure for those residents that need help with bathing.

Family members and friends are welcome to visit at any time.



MEET AND MAKE FRIENDS

Moving into a residential home can be a very emotional decision for some people. For others it represents a welcome move to added security, much-needed help and company.

Whichever is the case, we are here to make the move stress-free and to welcome you or your relative to Cotleigh.

Residents are surrounded by care and companionship and friendly faces; many firm friendships are forged with our staff and new friends are made amongst the residents.

Simple things like enjoying a meal in company, chatting over a cup of tea, watching a favourite tv programme



“ We can't thank you enough for the patience, love and devotion shown to Mum - and also the consideration given to us. Our grateful thanks.
Family member of a resident ”

together or competing at cards or dominoes can help to make each day a happier one.

homely

caring

relaxing

welcoming

More than a residential care home, we also offer...

- Day care facility
- Dementia care
- Short term or overnight care (respite)
- In addition, residents and day care clients can benefit from a range of support services including: help with finance and funding, escorted hospital visits, shopping and laundry, visiting community GPs, chiropodists and dentists. Just ask us for what you need.



We also offer a great range of activities & trips...

- Activities scheduled most days
- Trips to the coast, countryside and to the races
- Local excursions
- Wheelchair-adapted vehicle for excursions
- Weekly church service and social get-together, ending with a 'thought for the day'
- Games nights - cards, dominoes and bingo
- Artistic and craft activities
- Hairdresser weekly
- Beauty therapist weekly
- Use of internet and Skype to keep in touch with family and friends



Cotleigh

RESIDENTIAL HOME & DAY CARE

LOCATION and local amenities...

- Bus stop directly outside and tram stop about half a mile away
- Row of shops opposite, including a supermarket and cafe
- Several local pubs

Want to know more?...

Give us a call...
Call in and see us...
Visit our website...

Tel: 0114 263 3800

www.cotleigh-hackenthorpe.co.uk

Cotleigh Residential Community, Four Wells Drive, Hackenthorpe, Sheffield S12 4JB email: rod.macaskill@sheffcare.co.uk



We are proud to be part of the sheffcare Group "Your guarantee of Quality Care"

Sheffcare is registered charity, operating across the Sheffield area and serving the needs of more than 1000 older people by providing care, comfort and companionship, either on a residential or day care basis. The company began operating on a not for profit basis in 1993 when a number of care homes were transferred out of local authority ownership into the ownership of Sheffcare.

Since that time, we've been committed to making the Sheffcare vision a reality by making high quality and compassionate care available to older people - including those affected by dementia - in the Sheffield area.

Tel: 0800 542 1256 www.sheffcare.co.uk

sheffcare
putting people first

SCA
social care
association
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INVESTOR IN PEOPLE

CareQuality
Commission

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