

GLEADLESS

Paddock Hill

RESIDENTIAL HOME & DAY CARE



Make yourself
at home...

A great place
to live, meet &
make friends


sheffcare
putting people first

Our friendly staff guarantee a warm welcome...

Welcome to Paddock Hill - a comfortable, friendly home where it is our priority to ensure that the people living here are safe and contented.

I'm Helen Begernie and I want to 'make a difference'; my team and I take great pride in Paddock Hill and are committed to providing the highest levels of support and care to make life happy, secure and interesting for our residents.

We believe that each day should be as enjoyable and fulfilling as possible for everyone - for residents, visitors and staff alike - so you will find that Paddock Hill is a warm and friendly place with plenty of laughter, varied activities, appetizing home-cooked food - and of course, skilled care from our very committed team. We support and encourage independence as far as possible for each resident.

I know that the decision you are considering at the moment is a big one for you and your family - it's so important to be sure that the home you choose will meet your personal needs - so please do give us a call if there is anything you would like to discuss and when you are ready to visit for a look around just let us know.

We'll look forward to meeting you and showing you our home.



Helen Begernie
Manager


sheffcare
putting people first



“At Paddock Hill we have a total commitment to caring for our residents & visitors with dignity and respect”

YOUR CHOICE

The decision to move into residential care, or to use day care facilities, is an important one. You need to be sure that the care, facilities and environment are just right for you. At Paddock Hill we will support and reassure you every step of the way - from an initial visit to meet our team and see a typical day at Paddock Hill, guiding you through funding and finance options to making the move as easy as possible.

We're always here to help...

OUR HOME

Paddock Hill is built over three floors, set well back from the road and surrounded by trees.

We have forty residential bedrooms plus eight day care places so our home is a small, sociable community where people meet new friends and enjoy each day to the full.

The bedrooms at Paddock Hill are light and airy, sharing facilities such as well equipped bathrooms, dining rooms and sitting rooms/television lounges on each corridor, providing the opportunity to eat, meet and



socialise in smaller groups. There's a spacious communal area where everyone gets together for entertainment, activities or just a chat.

Newly refurbished for 2011, the 'pamper room' is used by the visiting hairdresser weekly, and also provides a relaxing haven for manicures and use of the foot spa. Music, magazines and books add to the relaxing experience.

The garden is pretty and often visited by wildlife such as squirrels which makes for entertaining viewing. At the front of the home we have a sheltered patio area with seating and colourful seasonal planters.

homely



friendly

A FULFILLING LIFESTYLE

Each day at Paddock Hill can be as busy - or as peaceful - as you wish.

We have various activities five days per week which include favourites such as bingo, arts and crafts, and gentle exercise. The baking session is always popular - as are the results!

Our specially adapted vehicles offer easy access for wheelchairs so trips out to, for example, local places of interest, the countryside and Cleethorpes are possible for most residents. We actively encourage residents to maintain

the family, friends and community links they had prior to living at Paddock Hill, but whatever the degree of independence possible for each resident we work hard to make every day as enjoyable and rewarding as possible.



HERE TO HELP

All our care staff have appropriate training and qualifications supported by the Sheffcare commitment to



continuous improvement and inhouse training, ensuring that we meet - and exceed - the latest standards of care.

Our head chef takes great pride in the food, freshly cooked each day in our kitchens. Traditional meat and potato pie and roast dinners very popular, whilst salmon is a favourite choice for a lighter dish. All the cakes and desserts are home made.

We are happy to cater for friends or family members joining us for a meal or a snack too.

Our dedicated activity team ensures that everyone has the opportunity to continue with favourite hobbies or explore new activities.

MAKE YOURSELF AT HOME

Paddock Hill is traditionally decorated and benefits from a lot of light so the rooms seem bright and airy. With it's comfortable sitting rooms, dining areas with attractive place settings, television lounges and the large communal / function room, Paddock Hill is a comfortable, sociable 'home from home'.

We encourage residents to bring their own small pieces of furniture and personal possessions such as pictures and ornaments to add the finishing touches to the comfortable bedrooms. Bathrooms are very well equipped and some are specially adapted to ensure that bathtime continues to be a pleasure for those residents that need help with bathing.

Family members and friends are welcome to visit at any time or to take their friend or relation for a trip out.



caring



MEET AND MAKE FRIENDS

Moving into a residential home can be a very emotional decision for some people. For others it represents a welcome move to added security, much-needed help and company. Which ever is the case, we are here to make the move stress-free and to welcome you or your relative to Paddock Hill.

Residents are surrounded by care and companionship and friendly faces; many firm friendships are forged with our staff and new friends are made amongst the residents. The same is true of our daycentre users who relish the opportunity to meet new people and enjoy different activities.

Simple things like enjoying a meal in company, chatting over a cup



“ Thank you for everything you did for Brian. You've taken care of him and made him happy and comfortable. It's been lovely for us to see him so well looked after and settled. ”
Family member of a resident

of tea, watching a favourite tv programme together or competing at cards or dominoes can help to make each day a happier one.

relaxing

welcoming

More than a residential care home, we also offer...

- Day care facility
- Short term or overnight care (respite)
- Escorted hospital visits or doctors appointments
- In addition, residents and day care clients can benefit from a range of support services including: help with finance and funding, escorted hospital visits, shopping and laundry, visiting community GPs, chiropodists and dentists. Just ask us for what you need.



We also offer a great range of activities & trips...

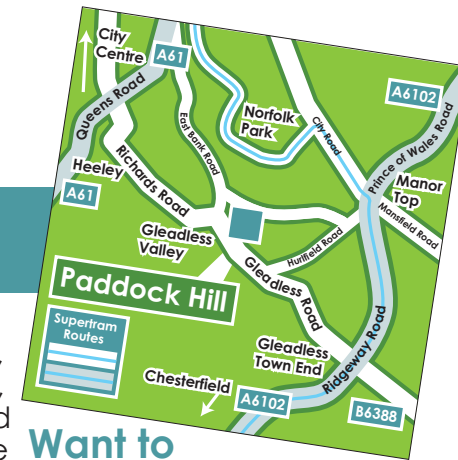
- Activities scheduled most days
- Trips to the coast and the countryside
- Local excursions
- Wheelchair-adapted vehicle for excursions
- Games nights - cards, dominoes and bingo
- Artistic, baking and craft activities
- Hairdresser weekly
- Footspa and nail painting

Paddock Hill

RESIDENTIAL HOME & DAY CARE

LOCATION and local amenities...

- Very close to the local Newfield Green shopping complex including, pharmacy newsagent, Co-op store, Post Office, betting shop, library and confectionery shop which sells loose sweets by the quarter
- The Blackstock pub
- No.47 bus stops directly outside
- No.48 bus stops outside Newfield Green Shopping centre



Want to know more?...

Give us a call...
Call in and see us...
Visit our website...

Tel: 0114 239 1449

www.paddockhill-gleadless.co.uk

Paddock Hill Residential And Day Care Centre, 625 Gleadless Road, Sheffield, S2 2BT email: helen.begernie@sheffcare.co.uk

We are proud to be part of the sheffcare Group "Your guarantee of Quality Care"

Sheffcare is registered charity, operating across the Sheffield area and serving the needs of more than 1000 older people by providing care, comfort and companionship, either on a residential or day care basis. The company began operating on a not for profit basis in 1993 when a number of care homes were transferred out of local authority ownership into the ownership of Sheffcare.

Since that time, we've been committed to making the Sheffcare vision a reality by making high quality and compassionate care available to older people - including those affected by dementia - in the Sheffield area.

Tel: 0800 542 1256 www.sheffcare.co.uk

sheffcare
putting people first

SCA
social care
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INVESTOR IN PEOPLE

CareQuality
Commission

Sheffcare Ltd is a registered Charity No. 1054227 Company No. 2538734