

Time for a break

with quality assured peace of mind



**Respite Care
at SheffCare**

*A homely,
friendly place
to meet, make
friends and relax*




sheffcare
putting people first

Respite care explained

If you are a carer or relative of an older person there are times when, much as you love and care for them, you may need to take a break.

You may wish to go on holiday or just take some time out for yourself - but of course you will want to be sure that they are safe and well cared for in your absence.

Respite care at one of the SheffCare homes is the ideal solution.

As experienced and well-accredited providers of a wide range of care - from residential, specialist dementia care to day care and, of course, respite care, SheffCare understands exactly what you both need. You need to be confident that your relation or friend is in good, caring hands - and they need to feel relaxed, secure and welcome.

A WARM WELCOME

SheffCare has eleven residential care homes across the city of Sheffield; all offer respite care and at each one a warm welcome awaits; our skilled, friendly staff will ensure that your loved one is made to feel immediately at ease, cared for and secure. And you will be happy in the knowledge that your loved one is in safe hands, enjoying company, varied activities and good food.

We offer short term or respite care throughout the year, even over the Christmas period.



Respite care is also a great help if you, or the person you are caring for, need time to convalesce after a stay in hospital. If you (or they) don't feel confident about going straight back to your own home, come to stay with us until you do feel ready. You will have your own bedroom, three delicious meals a day and help with any medications you need. You can also enjoy socialising, making new friends and joining in the various organised activities.

Periods of respite care can be booked from an overnight stay to as long as you feel is necessary.

Short term or respite care is also a great help in making the decision to move into residential care permanently. It is a big decision to make, so if you would like to stay with us at any one of the SheffCare homes for a short period to help you make the right choice, please contact us and we will make arrangements for you to join us.

HOME FROM HOME

Each one of our SheffCare homes is a little different in terms of layout and style but all share something very important - a warm and welcoming atmosphere with 'home from home' comforts.

From the cosy sitting rooms to the comfortable television lounges, the bright dining rooms with attractively laid tables to the community rooms where everyone gets together, each SheffCare home is a lovely place to spend some time.

Every resident and visitor is treated with dignity and with respect for their lifestyle choices, familiar routines and individual preferences. It is our job to be as flexible as possible so you will find that the emphasis is not on what we provide as standard but on what you personally need and wish to do.



THINGS TO DO, PEOPLE TO MEET

There's always lots happening at our SheffCare homes; each one has a programme of regular organised activities which everyone is welcome to join in. All the usual favourites such as quizzes, card games and dominoes, film nights and - everyone's favourite - Bingo, take place throughout the week so there's plenty of opportunity to socialise, meet new friends and enjoy the uplifting effects of conversation and a joke amongst good company.

From time to time there are also special events; visiting entertainers and organisations who give talks on interesting subjects, so life is always stimulating and enjoyable.

We also regularly organise excursions in our own specially adapted minibuses, a visit to a local beauty spot, a ride in the countryside, a pub lunch....



caring

For those that enjoy the outdoors each of the SheffCare homes has a thoughtfully planned garden with areas that are accessible for residents and visitors with varying degrees of mobility. There are flat patios, raised beds which are ideal for anyone that wants to enjoy a spot of gardening whilst staying with us, bird feeders, sensory borders planted for their perfume... **there's much to enjoy.**

A little pampering is nice too; respite care visitors are welcome to take advantage of our hairdressing, chiropody or beauty therapist services.

Whatever it is you like to do, all the support and assistance you need will be available in a safe and friendly environment where you are happy and comfortable.

FIVE STAR FOOD

SheffCare is really proud of it's reputation for excellent food; every one of our homes has a Five Star Award for Food Excellence and Kitchen Hygiene and all meals are prepared each day by our own chefs, using fresh seasonal produce.

From mouthwatering roast dinners, traditional home-baked pies, good old fish and chips to lighter dishes and delicious cakes and pastries - meal times are a real highlight with menus carefully planned to ensure balanced nutrition and variety. We can also cater for special dietary requirements.



JUST FOR YOU

Our respite care plans are personalised to meet individual needs. For example, we can provide transport and an escort to ensure that you don't miss that important hospital appointment; we can help you with your shopping or laundry or we can provide a bathing service.

Just ask us for what you need.

SheffCare - Residential Homes & Day Care Centres



1 Burnt Tree Croft - NETHERTHORPE
190 St Phillips Road, Sheffield S3 7JY
Tel: **0114 275 7873**
Manager: **Kuldip Mejer**
email: kuldip.mejer@sheffcare.co.uk
www.burnttreecroft-netherthorpe.co.uk

2 Castelayn - GLEADLESS
2 Leighton Drive, Sheffield S14 1ST
Tel: **0114 2398429**
Manager: **Diana Oak**
email: diana.oak@sheffcare.co.uk
www.castelayn-gleadless.co.uk

3 Cotleigh - HACKENTHORPE
Four Wells Drive, Hackenthorpe,
Sheffield S12 4JB
Tel: **0114 263 3800**
Manager: **Rod Macaskill**
email: rod.macaskill@sheffcare.co.uk
www.cotleigh-hackenthorpe.co.uk

4 Deerlands - PARSONS CROSS
48 Margetson Road, Sheffield S5 9LS
Tel: **0114 221 3258**
Manager: **Diane Iwanejko**
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www.deerlands-parsonscross.co.uk

5 Grange Crescent - SHARROW
47 Grange Crescent, Sheffield S11 8AY
Tel: **0114 255 5539**
Manager: **Michelle Wright**
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6 Hawkhill - STANNINGTON
11 Stanwood Road, Sheffield, S6 5JE
Tel: **0114 234 5469**
Manager: **Ann Cullen**
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www.hawkhill-stannington.co.uk

7 Housteads - HANDSWORTH
1 Richmond Park Grove, Sheffield S13 8HX
Tel: **0114 269 2469**
Manager: **David Minton**
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8 Knowle Hill - HALFWAY
Streefields, Sheffield S20 4TB
Tel: **0114 248 3594**
Manager: **Diane Harrison**
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www.knowlehill-halfway.co.uk

9 Midhurst Road - FOXHILL
21 Midhurst Road, Sheffield S6 1EY
Tel: **0114 285 5345**
Manager: **Diane Flynn**
email: diane.flynn@sheffcare.co.uk
www.midhurstroad-foxhill.co.uk

10 Paddock Hill - GLEADLESS
625 Gleadless Road, Sheffield, S2 2BT
Tel: **0114 239 1449**
Manager: **Helen Begernie**
email: helen.begernie@sheffcare.co.uk
www.paddockhill-gleadless.co.uk

11 Springwood - SHIRECLIFFE
611 Herries Road, Sheffield, S5 8TN
Tel: **0114 232 5472**
Manager: **Anita Bland**
email: anita.bland@sheffcare.co.uk
www.springwood-shirecliffe.co.uk

CARE YOU CAN TRUST

As a not-for-profit charity, SheffCare invests every penny of its operating profits back into our homes and the training of our staff. We have achieved Investors in People Award and our homes are highly rated by the Care Quality Commission, so you can be confident that you, or your relative, are in safe and caring hands.

We also ask our clients for feedback - after all they are the most important people - and act upon comments and wishes to ensure that we continue to set the standard in respite care in Sheffield.

SEE FOR YOURSELF

The next step in deciding which of our SheffCare homes would be best for you is to come along and visit us - you are welcome to pop in at anytime or you may prefer to ring to arrange an appointment at the homes on your shortlist.

It's also a good idea to speak to our finance team to understand the cost of respite care and the funding options; please call them on (0114) 2808880/ 2808872.

Many respite care places at



SheffCare homes are funded by the Council so speak to your social worker as they will provide a shortlist of homes and help with the funding application. We also welcome private payers.

A CHANGE IS AS GOOD AS A REST

For many people that spend time with us for respite care, the change really is as good as a rest. New company and friendships, lots of activities - all coupled with care and security - can provide a lasting and valuable benefit.

And for anyone who undertakes the important caring role, respite care provides the chance to have a rest and recharge the batteries with total peace of mind - so everyone feels better for it.

We look forward to welcoming you at a SheffCare home - please take a break with us.

Tel: 0800 542 1256 www.sheffcare.co.uk

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sheffcare
putting people first


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INVESTOR IN PEOPLE

 CareQuality
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